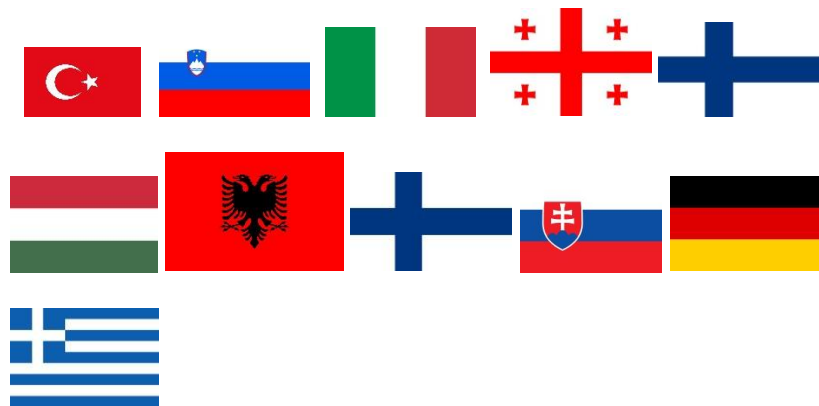


NAME OF PROJECT: Be active, be Intercultural!

INTERNATIONAL YOUTH CENTER

PARTNERS :

Albania, Austria, Finland, Germany, Georgia, Greece, Hungary, Italy, Slovakia, Slovenia, Turkey;



<http://internationalyouthcenter.eu/>

Name: Be active, be Intercultural!

Date:

Project Start Date (yyyy-mm-dd) 2020-10-01

Project End Date (yyyy-mm-dd) 2021-05-31






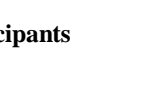
Project Total Duration 8 months

Place: Primorsko, Bulgaria;



THE OTHER PARTNER ORGANIZATIONS ARE: *Albania, Austria, Finland, Germany, Gruzia, Greece, Hungary, Italy, Slovakia, Slovenia, Turkey;*

The volunteers come from countries that have a common origin, but nowadays everyday life is very different and they will all be hosted in Bulgaria, which means that this diversity adds value to intercultural dialogue and intercultural learning during this project.

1. Turkey / Bulgaria 500 - 1999 km 90 – 5 participants 
2. Slovenia / Bulgaria 500 - 1999 km 90 – 5 participants 
3. Italy / Bulgaria 500 - 1999 km 90 – 5 participants 
4. Gruzia / Bulgaria 500 - 1999 km 90 – 5 participants 
5. Finland / Bulgaria 500 - 1999 km 90 – 5 participants 
6. Hungary / Bulgaria 500 - 1999 km 90 – 5 participants 

7. Albania / Bulgaria 500 - 1999 km 90 – 5 participants



8. Finland / Bulgaria 500 - 1999 km 90 – 5 participants



9. Slovakia / Bulgaria 500 - 1999 km 90 – 5 participants



10. Germany / Bulgaria 500 - 1999 km 90 – 5 participants



11. Greece / Bulgaria 500 - 1999 km 90 – 5 participants



12. Bulgaria / Bulgaria 500 - 1999 km 90 – 5 participants

13. Austria/ Bulgaria 500 - 1999 km 90 – 5 participants



Project Description



The multicultural society where we live in struggles for finding social interactions. Considering that not always people are capable to overcome cultural differences, racism and discrimination are strongly benefiting from this, especially in Europe.

What stems from this is only

backup for lack of progress, opportunity, stability, security and growth in a society. What seems to be clear as well is that a lot of youngsters prefer to stay indoors instead of actively interact with people. They normally communicate with each other only by means of online chats and social networks. Therefore, youth lacks of interpersonal communicative skills which will be proven to be fundamental for their future career. Consequently, this new generation of young people needs to move outdoor and interact more with each other, socialize and improve their interpersonal skill

for their own good. We are aiming to form an intercultural society where people learn from cultural differences and establish good relationship with one another in a open-minded way. We want to carry out this project because we think that youth needs to have a better understanding of cultural differences and values; all the same, we aim to promote tolerance and respect for people with different views and beliefs in order to live in a more peaceful and prosperous society. Furthermore, we want to encourage youth to carry out outdoor activities and interact with each others with a regular pace. This is due to the fact that in today's society people are highly affected by social media, especially youngsters. Consequently, this leads to low personal development, less cooperation and more passivity. As a matter of fact, we think youth is nonetheless very interested in intercultural exchange, in order to understand cultural differences and discover healthier lifestyles through outdoor activities and proactive games. As a result, through this project we aim to strengthen intercultural communication skills and develop constructive recreation skills, both for participants as well as for their community members, regardless their cultural or social origin.

The purpose of the project:



Our primary goals are promoting intercultural dialogue and cooperation and a better understanding of cultural differences and values; increasing tolerance and respect for people with different views and beliefs; promoting active and healthy lifestyle through outdoor activities. Therefore, "Be Active, Be Intercultural!" is a youth exchange by means of we wish to build a stronger tolerance among youngsters; encourage them to be more open minded, value the differences and promote peace and civil society. Simultaneously, we plan to make

participants more aware of benefits and importance of a healthy lifestyle and help them improve their creativity and productivity in order to have more opportunities in education, business and many other aspects of their life. Moreover, we have set out to break intercultural barriers to reduce discrimination, support diversity and improve relations among European citizens which will lead to positive economical and social benefits. The objectives of this project link to the specific key action and the objectives of the Erasmus+ program by breaking intercultural barriers, reduce discrimination, support diversity by means of sport activities. As a result, the relations among European citizens will be improved leading to positive economical and social outcomes.

Some of the activities that our participants can choose from are:

The activities carried out during the youth exchange have the purpose of creating a learning space favorable to the development of the abilities, knowledge and attitudes of the participants, generate empathy, creativity and productivity.

We will engage the participants in activities through which they will explore social and cultural differences, develop intercultural communication skills and learn and practice new games that promote sports and healthy lifestyle. Through non-formal learning processes and methods used during our project we will give young participants the chance to peer learning and seeing

themselves as resources. Participants will be stimulated to have initiative and show interest, involvement and intercultural cooperation. Outdoor activities are based on the instinctive passion of young people for nature and the open air, but also on spontaneity, creativity and good will. They will also have the opportunity to carry out their own activities, which will lead to better intercultural cooperation, will foster the development of teamwork skills, personal development and will help them to better relate to others. We want to give the opportunity to 36 young people between the ages of 18 and 30 (5 young people from each partner country plus 6 group leaders) coming from rural areas and from different ethnic groups, to take part to this youth exchange and help them develop new social skills and values and have increased interest and involvement in outdoor.

Expected impact on participants, participating organizations and target groups

We expect our project to increase the motivation of young people, despite the fact that they come from disadvantaged backgrounds, to engage actively in society, as well as increase their interest in promoting interculturality through

healthy, outdoor activities. The continuity of the project will be also conducted by the development of other project / activity ideas by each participating country, projects that will have a similar topic and which will have as motto the idea of "Unity in diversity" and will be implemented by the partner organizations. Also, the knowledge and experience that young participants will gain will be used by them in organizing in their communities a "play day" with young people / children from disadvantaged environments and several ethnic groups, to include activities that will be based on the games learned during our project, ensuring in this way its promotion among indirect beneficiaries. Each "play day" must have at least 20 indirect beneficiaries, totaling 80 young people / children. They may be either beneficiaries from the partner organizations or beneficiaries from other organizations / institutions in the community. In this way, the partner organizations will increase their resources team and will consolidate and / or create new partnership relationships. Also, a Facebook page will be created during the project, where participants will post current real-time impressions. After the end of the project, they will be able to post testimonials as well as pictures from the follow-up activities carried out in the communities they come from, therefore maintaining a permanent visibility in the online environment.



Preparation and information for the selection of participants for youth exchange:

All participants in the project will be sent in advance an info package and a program that will be able to navigate and prepare for discussed topics and lectures. Skype will be held so that you can ask questions and find answers. Online channel will be created in the WhatsApp application, which will have a chat with mentors and participants. Each participant will be pre-authorized and is encouraged to develop a more appropriate topic for participation.

Transport details, the budget, the reimbursement method and the arrival and departure dates will be clearly communicated so that the participants can decide in advance the best ways to travel to the exchange location. The project team will prepare an informative document for group leaders and participants with location and contact numbers, modes of transport to the location and any other useful information about the nearby area (for example: emergency telephone numbers, location of the nearest pharmacy, location of the nearest hospital, taxi numbers, how to make a return, etc.)

The creation of agreements with partners will be done virtually, via email or video communication. We will agree objectives, division of logistics tasks and the general content of the exchange. Quality will be guaranteed when using different types of project management and planning tools. These methods will first be discussed with partners and agreed. In the selection of potential participants will prepare a Europass CV and provide information on a training agreement.

✓ Topics addressed by the project.

Social dialogue

Youth (Participation, Youth Work, Youth Policy)

Intercultural/intergenerational education and (lifelong) learning

✓ Social dialogue;



- *Youthwork;*

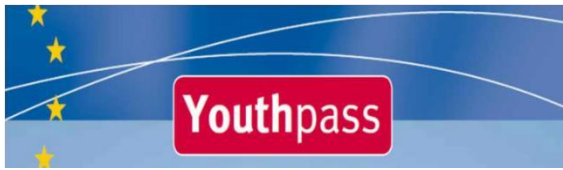


✓ Intercultural/ intergenerational education and (lifelong) learning;

Erasmus+



✓ Youthpass Certificate;



Best regards,

International youth center.

